

**School of Life Sciences**

**Nutrition and Food Science Group**

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[www.brookes.ac.uk/schools/lifesci/nutrition.html](http://www.brookes.ac.uk/schools/lifesci/nutrition.html)

**Product name:**

Bakels Country Oven Multiseed Bread

**Tested at:**

School of Life Sciences, Oxford Brookes University, Gypsy Lane Campus, Oxford

**Methodology used:**

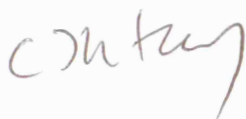
FAO/WHO (1998) *Carbohydrates in Human Nutrition*. Rome: FAO

**Ethical approval:**

Issued by the University Research Ethics Committee (UREC) of Oxford Brookes University [N<sup>o</sup> 040051(a) "Glycaemic index (GI) testing of foods"], March 2004.

**GI value:**

54 (Low)



Professor Jeya Henry

Date 16/10/06



Dr Helen Lightowler

Date 16/10/06

**--- Disclaimer ---**

Oxford Brookes University has taken every care to ensure the accuracy of the results. However, the results of glycaemic response in humans are subject to biological variability and may vary depending on the method and individuals used. Thus, the results may not be reproduced exactly.

